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To: Helen Bergland  
From: Grace Creasman  
Regarding: ADST Suicide Certificate Student Learning Outcomes

### ADST Suicide Certificate Student Learning Outcomes: Evaluation 2013-14

1. Suicide Certificate Student Learning Objective/Outcome as Published
  - a. Compare and contrast the different models of addiction and categories of drugs of abuse to understand the cycle of addiction and addictive drugs that increase use.
  - b. Identify factors related to the basic knowledge of the fundamental relationship between substance use disorders, mental health and suicide
  - c. Demonstrate proficiency in assessing for suicide potential using an approved risk assessment tool
  - d. Evaluate the role of the public health model data, etiology, risk and protective factors, and trends in the prevention of suicide.

2. Overall Evaluation of Progress on Outcome.

ADST aligned the learning outcomes based on the four courses offered in this certificate. This certificate was updated last year to reflect the new suicide assessment, treatment and management requirements set up by Washington State Department of Health for many health professions including; social work, chemical dependency, marriage and family, occupational therapists, and mental health.

3. Strategies and Methods

We held a meeting with all instructors involved in this certificate to review the curriculum and set up a plan for teaching these above learning outcomes. Each instructor was able to provide an example of an assignment to meet their respective learning outcome.

4. Observations gathered from data:

Course evaluations were administered after each course (1 course is offered each quarter in the certificate). At the end of spring quarter it was determined that two of the courses still covered much of the same materials. This was a focus of conversation and meetings during the summer quarter. During fall quarter it was determined that ADST 484 Suicide Prevention will be replaced with ADST 410 Community Prevention Methods. Many of the same learning models are used in both classes and although ADST 410 was not used in the certificate it

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does cover relevant information pertaining to prevention. Additionally, ADST 480 does cover the mental health diagnosis which were also covered in ADST 484 Suicide Prevention. It was determined that ADST 480 Instructor was better able to discuss the mental health conditions in relation to suicide ideation and not prevention per se.

5. What program changes will be made based on this assessment result?

ADST is working to make changes to the Suicide Certificate Program to remove the ADST 484 Suicide Prevention and include ADST 410 Community Prevention which covers all risk factors. Special attention in this course will be given to suicide specific risks and protective factors based on the Public Health model not including mental health concerns.

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