

# Major Academic Plan (MAP)

## Associate in Arts and Science BS in Public Health

*Department of Physical Education, Health, and Recreation  
College of Arts, Letters, and Education (CALE)*

### **Why study Community Health?**

The Community Health program is a behaviorally-based program in which students learn to design, implement, and evaluate programs and activities that improve the health of all people. Majors in this program use a wellness approach emphasizing the physical, intellectual, emotional, social, spiritual, and environmental aspects of health.

### **Career Opportunities**

Graduates of this program typically work in public health and nonprofit agencies such as:

- Spokane Regional Health District
- Community Health Education and Resources
- American Cancer Society
- American Heart Association
- American Lung Association

Students are also prepared to work in worksite wellness programs at community colleges, universities, private industry, and government agencies. The program prepares students to sit for the National Commission for Health Education Credentialing (Certified Health Education Specialist) exam and for graduate school programs in public health, health promotion, and community health education.

### **Public Health or Worksite Wellness**

This major offers two tracks – Public Health or Worksite Wellness – and students choose one to match the kind of environment in which they would like to work.

### **Program Advisor**

Dr. Sarah Mount  
200 PE Building  
Cheney, WA 99004  
509.359.7967  
smount2@ewu.edu

### **CALE Coordinator:**

Kathryn Kleypas  
343D Patterson  
509.359.7406  
kkleypas@ewu.edu

### **Sample Careers**

Wellness Coach  
Public Health Educator  
Nonprofit Agency Health  
Expert



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# AA-DTA Degree Requirements with Suggested Classes that Fulfill EWU Prerequisites/Requirements

PIERCE COLLEGE COURSES	E.W.U. COURSE EQUIVALENT
<b>COMMUNICATION SKILLS (10 credits)</b>	
ENGL& 101 English Composition I (5)	ENGL 101 College Composition: Exposition and Argument (5)
ENGL& 102 English Composition II (5)	ENGL 201 College Composition: Analysis, Research, Document (5)
<b>QUANTITATIVE SKILLS (5 credits)</b>	
Consult your advisor for course options.	
<b>HUMANITIES (15 credits)</b>	
Consult your advisor for course options.	
<b>HUMANITIES PERFORMANCE/SKILLS (5 credits Maximum)</b>	
CMST& 101 Intro to Communication (5) or CMST& 220 Public Speaking (5)	CMST 200 Intro to Speech Communication (5) or CMST 201 Public Speaking (5)
<b>SOCIAL SCIENCES (15 credits)</b>	
Consult your advisor for course options.	
<b>NATURAL SCIENCES (15 credits)</b>	
Consult your advisor for course options.	
<b>GENERAL TRANSFERABLE ELECTIVES (15 credits)</b>	
Consult your advisor for course options.	
<b>GENERAL ELECTIVES (15 credits)</b>	
Consult your advisor for course options.	

## The courses listed below transfer to satisfy EWU Graduation Requirements and can be taken before or during the major program

### **Cultural Diversity (4 quarter credit minimum)**

- SOC 220 Gender Roles in Society (5)
- ANTH& 210 Indians of North America (5)
- ANTH& 106 American Mosaic (5)
- ANTH& 216 Northwest Coast Indians (5)
- ANTH 240 Women in Cross-Cultural Perspective (5)
- CMST 105 Intercultural Communication (5)
- HUM 105 Black Thought and Culture (5)
- HUM 106 Ethnic Thought and Culture (5)

### **International Studies (4 quarter credit minimum)**

- BUS 245 Global Business (5)
- GEOG 160 World Regional Geography – the Non-Western World (5)
- HIST 260 History of Russia and the USSR (5)
- HIST 265 History of Latin America Since 1810 (5)
- HIST 270 Introduction to the Far East (5)
- HIST 280 Introduction to Chinese Civilization (5)
- HIST 287 History of Japan Since Antiquity (5)
- HUM 240 World Religions (5)
- INTS 107 Introduction to International Studies (5)
- POLS& 203 International Relations (5)
- SOC 212 Death, Dying and Bereavement (5)
- SOC& 201 Social Problems (5)

