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| 1. **List all the possible options:**

Write any ideas that come to mindDo not judge or discuss the ideasCome up with as many ideas as possible | Ask yourself these questions:What could be done to solve your problem?What other ideas can you think of?In the future, what could you do differently? |
| 1. **Evaluate Your Options:**

Which ideas or parts of ideas are you willing to do in order to solve the problem?Circle these ideas or parts of ideas on the brainstorming form.Evaluate the circled options based on the following criteria:  *Specific; Balanced; Realistic; Lasting; Fair*Invent way to make these ideas into a workable solution |

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